

DEBATE PROCESS JOURNAL A 'HOW-TO'

All debate students are to keep a Process Journal. You may use a google doc that you share with me or a hard copy on paper. You should be reflecting on your process of how you prepare and perform for tournaments. This is NOT a diary about your life, entries must be debate specific. A good entry will use a minimum of 6-7 healthy sentences. See the examples below.

Tues. 9/15/21 - *Today I worked on my Public Forum debate case on the Medicare For All topic. I have a point about it being too expensive but I'm worried that point might be weak because someone might point out that the cost of the program will be offset by the money saved via preventative care. I'll need to do more research to support this argument. I personally think that having everyone covered with healthcare is worth whatever the cost, but at the same time if the quality of care drops, then what good does that do? I'm feeling a little conflicted and it's hard for me to argue for ideas that I don't fully believe in.*

Tues. 9/15/21 - *Today I worked on my Poetry piece. I went through and underlined the words I want to emphasize and worked on performing it outloud. I'm happy with how much expression I'm using but I need to create an introduction. When I performed for my group in the back hallway, Ainsley said that I also needed to work on my facial expressions. It feels weird to make facial expressions and I think I look silly. Mr. Hill said that what looks and sounds awkward to us can sometimes be just what the performance needs because we need to be pushed out of our comfort zone. I also want to make sure I don't fall into 'interp voice.'*

Mon. 10/5/21 - *This past weekend I competed at Bellaire. I did LD and extemp. My prelim record in LD was 3-1 but I got eliminated in octas because I dropped my opponent's 2nd contention. The judge was so stupid, they weren't even listening to my 2AR! Ugh! But it's the best I've ever done in LD so I hope I can continue to build off this success. I was looking over my flows and I think I need a better way to flow. In extemp I got to finals and got 4th. My topic was about the election and I thought my speech was really bad because I didn't use a lot of evidence but I'm glad I got 4th. I'm going to work on using more evidence and reading more news.*

You can find the Process Journal Due Dates on the board in the debate room and it's also on the assignment as it's listed in PowerSchool. You will NOT turn in the Process Journal on Canvas. Share the Google doc with me or turn in the hard copy. Typically, I'm looking for a minimum of 4 entries. You can earn extra points if your entries demonstrate an above and beyond level of reflection. Also, you can lose points if your entries are too brief.

NOTE: You are free to 'rant' about judges but do not use the Process Journal as a forum to talk smack about other competitors on our team. You may be as frank and honest as you'd like, but remember that I'm reading these. Avoid writing anything that I might have to take to an administrator.